



08/06/20  
Parent  
Newsletter

## Embracing Diversity and Talking About Racism

There's no one way to talk about race. It can be sensitive, and may even feel a bit messy. Moreover, 'choosing' whether or not to talk about race with your children is not an option many families of colour have; some children unfortunately learn about it by confronting racism in their daily lives.

In light of the events of the past few weeks it is important to emphasise that despite being a tricky conversation, it is one that all parents need to have, no matter your background or experience.

Here we have a collection of resources for talking about race with your children.

For young children: [Elmo on racism and protesting](#)

For all ages: [The best books to educate kids about race](#)

For all ages: [Books, films and podcasts to educate about race](#)

For parents: [How to talk to your child about race](#)

For parents: [How to talk to your child about the news](#)



### Talk about race and protesting with Elmo



### Top tips for talking about race and diversity

The worst conversation that can be had about race and diversity is no conversation at all

Talk about race early — children notice difference from a young age

Talk about race often

Talk about race honestly — people are different, cultures are different, but that's a good thing!

Use films, cartoon characters and books as ways of opening up conversations about race with children

Use your neighbourhood and city — enhance conversations about race by showing kids why it's important

Want to learn more?

<https://blacklivesmatter.com/>

[8 lessons for talking about race, racism and racial justice](#)