

# Connecting Abilities



Come and find out about all the fantastic services and activities designed for families and individuals with disabilities, right here in Tower Hamlets.

**Wednesday**  
**25th May 2022**  
**11am to 2pm**



**Mile End Leisure Centre**  
**190 Burdett Road**  
**London E3 4HL**

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Well One have teamed up with Better Mile End, to host the Connecting Abilities event. This will help local people connect with local organisations who provide tailored activities for families and individuals with disabilities. Our focus this year is about enabling connections and understanding the impact Covid-19 has had on people and families who live with disabilities.

There are various activities and services to discover. So why not come down to find out more.

**Join us on Wednesday 25th May, at Mile End Park Leisure Centre, 190 Burdett Road, London E3 4HL.**

Some of the organisations who will be attending and the activities on offer include:

- **GLL Better Mile End**

Information Stall, on physical health and accessing disability inclusive membership.

- **Poetry in Wood**

Taster session in woodwork/craft activity, teaches art, design, and woodwork skills to people with learning disabilities.

- **Create Day Centre**

Information Stall, service provision for adults with learning disabilities. Offering a wide range of activities, training programs and provides high-quality support to its users.

- **SEND Ambassadors**

Information Stall, work with the Parent and Family Service to ensure that parents & carers in Tower Hamlets are supported.

- **Centre404**

Information Stall, provide person centred support to people with learning disabilities, autism, and their families. Taster session in 1-2-1 support.

- **Tower Project**

Provide a support service for children and adults with learning, sensory, autism, and physical disabilities.

- **Local Offer**

Information Stall, highlighting support services available in Tower Hamlets for children and young people with Special Educational Needs and Disabilities.

- **Mind Tower Hamlets**

Information stall and taster sessions on mental and physical wellbeing.

The logo for Better Mile End, featuring the word "BETTER" in a bold, green, sans-serif font with a small circle above the letter "O".The logo for Centre404, featuring the word "CENTRE" in black, "404" in red, and a small red figure above the "4".The logo for Poetry in Wood, featuring the words "Poetry in Wood" in a colorful, playful, hand-drawn font.The logo for TowerProject, featuring a stylized red figure with arms raised, above the text "TowerProject" in black.The logo for Local Offer, featuring the words "LOCAL OFFER" in black, with "OFFER" in a larger font and a green circle above the "O".The logo for Mind Tower Hamlets and Newham, featuring a stylized blue figure with arms raised, above the text "Mind Tower Hamlets and Newham" in blue.

**For more information about this event or anything else, please email [info@wellone.co.uk](mailto:info@wellone.co.uk)**

The logo for WellOne, featuring the word "WellOne" in a blue, sans-serif font with a blue smile-like curve below the "e".